

## CLAIMS

1. A healthful pillow with multiple functions, comprising:

a pillow body, being provided a permanent magnet;

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a massage pad, being provided with granule pieces thereon with each of the granule pieces at the periphery thereof having a retaining band for being fitted to the pillow body.

10 2. The pillow with multiple functions for health as defined in claim 1, wherein the pillow body is composed of a gauze layer, a silk cotton layer, a far infrared non-woven cloth layer, a silk cloth layer and a dust resistant cloth layer.

15 3. The pillow with multiple functions for health as defined in claim 1, wherein a pillowslip is provided to receive the pillow body with the massage pad being detachably attached to an inner side or an outer side of the pillowslip for accommodating cold and hot weather  
20 changes.

4. The pillow with multiple functions for health as defined in claim 1, wherein the granule pieces of the massage pad are made of bamboo ball and natural crystal.

25 5. The pillow with multiple functions for health as defined in claim 1, wherein the retaining band of the massage pad is an elastic band, a cloth strip or a cord.

6. The pillow with multiple functions for health as defined in claim 1, wherein the retaining band of the massage pad is provided with a male-female buckle or an  
30 adhesive cloth band.

7. The pillow with multiple functions for health as defined in claim 1, wherein the permanent magnet is attached to an inner side of the pillow body in a way of the permanent magnet being enclosed with two thin cloth  
5 pieces and being sewed to or adhered to the inner side.

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